

## Book Review Competition 2024-25

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**Title of the book:** My Journey: Transforming Dreams into actions, **Author:** Dr. A.P.J. Abdul Kalam; **Publication:** Rupa Publications Pvt Ltd; **Year:** 2013

I feel honored to present my thoughts on a truly inspiring book, “My Journey: Transforming Dreams into Actions” by Dr. A.P.J. Abdul Kalam.

Dr. Kalam, fondly known as the “Missile Man of India” and our 11th President, was not just a renowned scientist but also a remarkable visionary who inspired millions. This book is a glimpse into his incredible life journey, filled with lessons, values, and wisdom that are relevant for all of us. The book is not a traditional autobiography. Instead, it is a collection of short, personal stories from Dr. Kalam’s life, starting from his humble beginnings in Rameswaram. One of the most touching stories is how, as a young boy, he supported his family by distributing newspapers, showcasing his determination and responsibility even at a young age. What struck me the most is his message of turning dreams into reality through hard work and perseverance. For example, he narrates how he overcame challenges in his scientific career, especially during India’s missile development program, teaching us the importance of resilience and teamwork.

Another key takeaway from the book is Dr. Kalam’s humility and gratitude. Despite achieving so much in life, he remained grounded and credited his success to his mentors, teachers, and colleagues. This reminds us to always acknowledge those who guide and support us in our journey. Personally, this book inspired me to think bigger, stay focused, and never lose hope, no matter how tough the circumstances. One of my favorite quotes from the book is: “Climbing to the top demands strength, whether it is to the top of Mount

Everest or to the top of your career dreams are not those that we see in our sleep; they should be the ones that never let us sleep.”

In conclusion, “My Journey” is more than just a book; it is a source of motivation and life lessons for anyone looking to transform their dreams into actions. I highly recommend it to everyone who wants to be inspired by the life of a man who truly lived for others.

